



# Family Camp Agenda

Cabrillo Beach Youth Waterfront Sports Center  
August 3-5, 2012

## Friday, August 3

4:00 - 7:00	Arrival and check-in
4:00 - 7:00	Swim checks for all Friday arrivals (pool): These occur every 1/2 hour starting at 4 pm
8:30 - 9:00	Mandatory facility orientation (amphitheater)
9:00 - 9:45	Leader's meeting in dining area (discuss campfire, aquanaut/swimming belt loops)
10:00	LIGHTS OUT

## Saturday, August 4

7:00 - 7:45	Breakfast
8:15 - 9:00	Swim checks for Saturday arrivals
8:45	Opening Flag Ceremony
9:00 - 9:15	Mandatory waterfront orientation
9:15	Boating Sign-ups
9:30 - 11:30	Program activities <ul style="list-style-type: none"><li>-Pool: Free Swim</li><li>-Boating: kayaking, canoeing, row-boating (1/2 hour sessions)</li><li>-Handicraft Activities</li><li>-Ship's Store</li><li>-Scout Shop</li><li>-Cabrillo Beach Museum (10 am for 25 kids and 20 adults)</li><li>-Tide pools</li></ul>

11:30 - 12:15 pm	Lunch Session
1:00 - 4:30 pm	Program activities <ul style="list-style-type: none"> <li>-Pool: Free Swim</li> <li>-Boating: kayaking, canoeing, row-boating (1/2 hour sessions) until 3 pm</li> <li>-Handicraft Activities until 5 pm</li> <li>-Ship's Store until 5pm</li> <li>-Tide pools</li> </ul>
4:30 - 5:00 pm	Clean up at the waterfront
5:30 - 6:15 pm	Dinner Session
8:00 - 9:30	Campfire at the amphitheater
10:00	LIGHTS OUT

## Sunday, August 5

7:00 - 7:45	Breakfast
8:30 - 9:30	Scout's Own
9:30 - 11:30	Program activities <ul style="list-style-type: none"> <li>-Pool: Free Swim</li> <li>-Boating: kayaking, canoeing, row-boating (1/2 hour sessions)</li> <li>-Handicraft Activities</li> <li>-Ship's Store</li> <li>-Scout Shop</li> <li>-Cabrillo Beach Museum (10 am for 25 kids and 20 adults)</li> <li>-Tide Pools</li> </ul>
12:00 pm	Check out



## THINGS TO KNOW ABOUT CABRILLO BEACH YOUTH WATERFRONT SPORTS CENTER

3000 Shoshonean Road  
San Pedro, CA 90731  
(310) 831-1984

Friday Check In: No earlier than 4 pm and no later than 7 pm

Parking in the front of the facility is limited. When the parking lot fills, additional parking is available outside the grounds in a parking lot adjacent to the facility.

### Swim Check

To take a full advantage of programs offered, all individuals are required to do a swim check. It will take half an hour. Those who do not take the swim test will be given a white band and considered a non-swimmer.

**-Non-Swimmer/Learner (White Band):** Allowed only in the shallow end of the pool and in rowboats with a Blue banded adult

**-Beginning Swimmer (Red Band):** Complete the pretest in the shallow end and then swim at least 25 yards using front crawl, sidestroke, breast stroke (no doggy paddling or swimming underwater).

**-Swimmer (Blue Band):** Complete the pretest in the shallow end and swim 75 yards continuously using the front crawl, side stroke, and breast stroke. Then swim 25 yards using easy resting backstroke and float on her back for a minute.

### Food Services

- Meal service is available in the dining room on **Saturday (breakfast, lunch, dinner) AND Sunday (breakfast)**
- Each family will bring dinner for themselves on **Friday** and can bring our own snacks and drinks.
- If there are any special dietary requests, let us know.
- Everyone comes to dinner in t-shirts, shorts, and shoes (scouts in Class B). No bathing suits please.

## Activities

**Swimming:** White banded people stays in the shallow end, red bands in the shallowed end and 5 1/2 foot area, and blue bands may use the entire pool. Pool toys are permitted in the pool as long as the lifeguard deems it to be safe

**Boating:** These take place in the ocean. It is mandatory that everyone wear a lifejacket at all times. No ocean swimming allowed. We boat in the canoes, ocean kayaks, and rowboats. Anyone with a blue band may use all the crafts. Red bands may use any crafts as long as they are accompanied by a blue band adult. White band can only be in the rowboat accompanied by a blue banded adult.

**Cabrillo Museum:** We are allowed to go to the museum on Saturday and Sunday at 10 am. 25 children and 20 adults per session. It is free to go in but they request either a donation of money or aluminum cans (30 +).

**Handcraft Center:** Staffed by helpful instructors with many handcrafts to purchase and create. The crafts range from \$0.25 - \$5.

**Grunion Run:** Unfortunately, we miscalculated the run by a week. There will not be any Grunion at the time we go to Cabrillo. Sorry.

**Aquanaut Activity Badge/Swimming beltloop:** Our scouts will have the opportunity to complete some requirements while they are there. Our Webelos can earn the Aquanaut Activity Badge and the rest of our scouts can earn the swimming beltloop. Please let us know on Friday how many boys will be participating so we can inform the camp.

## Orientations

- A mandatory facility orientation will be scheduled at 8:30 pm on Friday evening in the amphitheater
- A mandatory waterfront orientation scheduled at 9 am on Saturday.

## Campsite

- No meals will be cooked in the campsites.
- Only propane lanterns can be used
- Place any perishable food in closed latch-able plastic containers (gulls and raccoons are clever)

## General rules

- Be on time for meals - no bathing suits
- Keep bathrooms clean
- Keep campsites clean
- No fishing or swimming in the ocean
- Beach and pier are off limits at night
- Wear shoes at all times unless in the pool
- Do no walk through other people's campsites
- No climbing or touching rock break walls on beach
- Stay off hillside vegetation an stay on pathways

- No smoking anywhere in the facility
- No alcohol
- No firearms
- No radios
- No pets of any kind
- No bikes, skateboards, or any other mode of transportation is allowed on camp
- Showers are outside, unfortunately, so we can wash/shampoo in our bathing suits or jump in the pool.

# Pack 811 Family Camp

## Cabrillo Beach Youth Waterfront Sports Center

### August 3rd - 5th, 2012



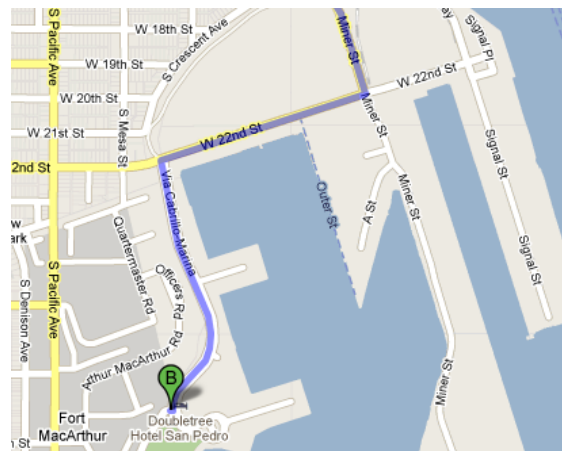
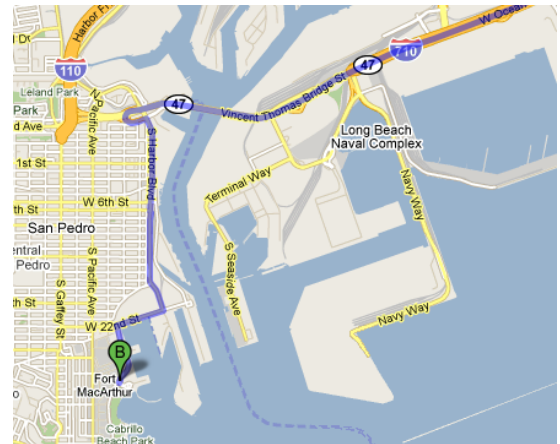
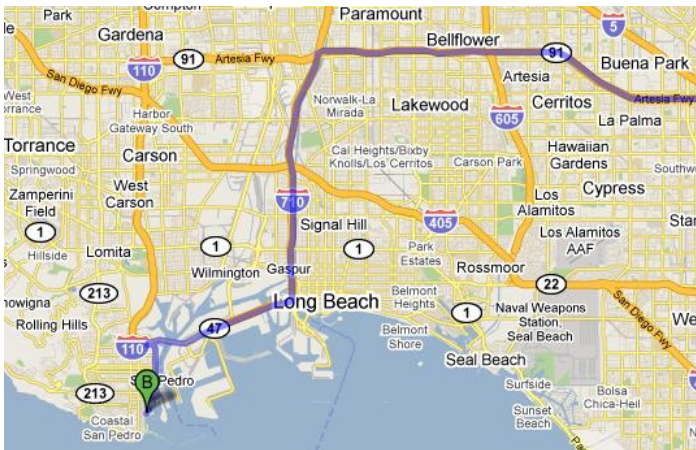
Check – In Time:  
Friday, 4:00 pm – 7:15 pm

### Directions From Brea:

1. CA-57 S/Orange Fwy toward Santa Ana	4.9 mi
2. Take CA-91 W/Riverside Fwy toward Los Angeles. Continue to follow CA-91 W	18.6 mi
3. Take I-710 S toward Long Beach	10.9 mi
4. Continue onto Vincent Thomas Bridge St	1.2 mi
5. Continue onto Vincent Thomas Bridge	0.6 mi
6. Take the Harbor Blvd exit toward Catalina Island/Ports O Call Village/San Pedro	0.4 mi
7. Turn right at N Harbor Blvd	1.3 mi
8. Continue onto Miner St/Viaduct St	0.2 mi
9. Turn right at W 22nd St	0.4 mi
10. Take the 2nd left onto Via Cabrillo-Marina	0.5 mi
11. Take the 1st right onto Shoshonean Rd Destination will be on the left	

### Address and Contacts:

3000 Shoshonean Road  
San Pedro, CA 90731





# What to Bring

## Food & Drink

- All meals on Saturday & Sunday morning are provided by the camp.
- Bring your own meal for Friday evening. You may want to bring your favorite snacks and bottled water between meals. You may also want to bring your own coffee/hot chocolate mugs.
- If you bring food, bring animal proof (sea gull and raccoon) containers

## Shelter

- Tent
- Ground cover (moisture barrier under tent)
- Air mattress or camp mat (optional)
- Sleeping bags
- Pillows
- Blankets (optional - used for top of sleeping bag)
- Easy-up for extra shade

## Clothing

- Class A scout uniform shirt for Saturday evening campfire activities (remove ribbons, beads, and other "hanging awards. Belt loops and neckerchiefs can stay at home)
- Class B scout uniform (pack T-shirt and den hat)
- Comfortable clothes (jeans, sweats, shorts, etc.)
- Light and heavy jacket/hooded sweatshirt
- Gloves/beanies for extra warmth at night (we are going to be on the beach)
- Water sandals/flip flops for showers and boats
- Comfortable, durable shoes
- Extra socks

- Rain slick/poncho
- Thermal underwear/warm pajamas
- Swim suits/rash guards
- Towels
- Costumes

## Additional Gear

- Pool/campfire chairs
- Bug Repellent
- Sunscreen
- Sunglasses
- Flashlights/lanterns/headlamps
- Spare batteries
- Toiletries: toothbrush/toothpaste, shampoo, soap, lotion, wash clothes, chapstick, tissue, toilet paper
- Handi wipes, hand sanitizer
- Sun hat
- Hammer for tent stakes
- Camera

## Optional

- Sports toys (frisbee, football, volleyball, etc.)
- Pool toys
- Kites

## Prohibited Items

- Bikes
- Electronic toys
- Pocketknives (even if you have a Whittling chip card)
- Radios
- BB guns, archery equipment